1．（2024·吉林·中考真题）Tina can \_\_\_\_\_\_\_\_\_ her bedroom by herself. She doesn’t need her parents’ help.

A．get up B．clean up C．cut up

2．（2024·甘肃白银·中考真题）My grandpa decided to \_\_\_\_\_\_\_\_ smoking for his health.

A．give away B．give out C．give back D．give up

3．（2024·云南·中考真题）The students worked in groups to \_\_\_\_\_\_\_\_ the difficult problem in the math class.

A．work out B．turn down C．cut off D．worry about

4．（2024·四川凉山·中考真题）—Did you have fun watching the volleyball game?

—No. A tall man stood \_\_\_\_\_\_ me. I couldn’t see the players at all.

A．next to B．across from C．in front of

5．（2024·四川凉山·中考真题）\_\_\_\_\_\_! It’s not a big deal. Just believe yourself and everything will be OK.

A．Give up B．Cheer up C．Stay up

6．（2024·四川乐山·中考真题）—I \_\_\_\_\_\_\_\_ Mike on Monday. He invited us to visit his hometown in his letter.

—Do we accept his invitation? We haven’t met him for 3 years.

A．heard from B．came from C．suffered from

7．（2024·甘肃临夏·中考真题）Gina is good at maths and she wants to be an engineer when she grows up.

A．does well in B．is good with C．is kind to D．does badly in

8．（2024·甘肃临夏·中考真题）Finally, Li Hua got better grades with his teacher’s help.

A．At first B．At last C．In the middle D．In the beginning

9．（2024·江苏扬州·中考真题）As we all know, the Yangtze River \_\_\_\_\_\_\_\_ as a “mother river” of the Chinese nation.

A．knows B．knew C．is known D．was known

10．（2024·江苏扬州·中考真题）Many think SOS is short for “save our ship”, but it doesn’t really \_\_\_\_\_\_\_\_ anything.

A．look for B．stand for C．pay for D．try for

11．（2024·安徽·中考真题）There can be some trouble at the beginning, but things will \_\_\_\_\_\_\_\_ well in the end.

A．break up B．give up C．set out D．turn out

12．（2024·四川达州·中考真题）—Coco, I can’t understand the meaning of this word.

—You’d better \_\_\_\_\_\_\_\_ the word in your dictionary.

A．look for B．look up C．look after

13．（2024·甘肃白银·中考真题）As we grow older, we’ll discover we have two hands: one for helping ourselves; the other for helping others.

A．turn up B．put away C．find out D．look into

14．（2024·黑龙江·中考真题）It makes me \_\_\_\_\_\_\_\_ to watch National Women’s Volleyball Team’s matches.

A．feel exciting B．to feel excited C．feel excited

15．（2024·黑龙江·中考真题）Don’t \_\_\_\_\_\_\_\_ rubbish everywhere. It’s everyone’s duty to protect the environment.

A．put away B．take away C．throw away

16．（2024·黑龙江·中考真题）Hainan is famous \_\_\_\_\_\_\_\_ its beautiful beaches. Many tourists visit it every year.

A．for B．to C．as

17．（2024·四川雅安·中考真题）—Shenzhou-18 was successfully launched (发射) into the space on April 25th, 2024.

—We Chinese\_\_\_\_\_\_\_\_\_\_\_\_ it.

A．run out of B．take care of C．are afraid of D．are proud of

18．（2024·广西·中考真题）—Dad, let’s \_\_\_\_\_\_\_\_ early to do exercise tomorrow morning.

—OK, no problem.

A．look up B．get up C．give up

19．（2024·黑龙江齐齐哈尔·中考真题）We should learn to be independent. We’d better not \_\_\_\_\_\_\_\_ our parents too much.

A．keep on B．get on C．depend on

20．（2024·四川遂宁·中考真题）—Tim, what were you doing when I called you?

—I \_\_\_\_\_\_\_\_ bicycle with my sister.

A．was cutting up B．am making up C．am picking up D．was fixing up

21．（2024·甘肃临夏·中考真题）The health website provides a lot of useful advice \_\_\_\_\_\_\_\_ teenagers.

A．with B．for C．to D．on

22．（2024·甘肃临夏·中考真题）We are supposed to \_\_\_\_\_\_\_\_ the lights when we leave the room.

A．turn down B．turn up C．turn off D．turn on

23．（2024·江苏连云港·中考真题）To live a green life, we should remember to \_\_\_\_\_\_\_\_\_ the lights when we leave a room.

A．turn on B．turn off C．turn up D．turn down

24．（2024·四川自贡·中考真题）—I didn’t pass the exam again. What should I do?

—Don’t \_\_\_\_\_\_\_\_. You’ll succeed sooner or later.

A．give up B．give back C．give away

25．（2024·天津·中考真题）Email is one of the great ways to \_\_\_\_\_\_\_\_\_ friends.

A．take pride in B．keep clear of

C．get into the habit of D．stay in touch with

26．（2024·内蒙古兴安盟·二模）— How was your camping in the countryside last weekend?

— It was great. We \_\_\_\_\_\_\_\_ a tent by the lake and had much fun.

A．put up B．put off C．put on D．put away

27．（2024·江苏常州·三模）—You made trouble again, Andy!

—Don’t be angry with the boy. Look! He felt so guilty that his head \_\_\_\_\_\_\_\_.

A．came down B．fell down C．hung down D．broke down

28．（2024·青海玉树·三模）Trust yourself! Never \_\_\_\_\_\_\_\_ when you face difficulties.

A．give up B．give out C．get up

29．（2024·福建三明·三模）Qian Xuesen who \_\_\_\_\_\_\_\_ a scientist, made great contributions to China’s space program.

A．was interested in B．was famous as C．was pleased with

30．（2024·福建三明·三模）—Many people travel to Mount Huang.

—That’s true. It is widely \_\_\_\_\_\_\_\_ for its wonderful sights.

A．used B．warned C．praised

31．（2024·广西贺州·三模）—Paul, do you often clean your room by yourself?

—Yes, I don’t like to \_\_\_\_\_\_\_\_ my parents too much. I am not a child any longer.

A．work on B．depend on C．turn on

32．（2024·安徽合肥·三模）—Friends are very important to us.

—That’s right . They can \_\_\_\_\_\_\_\_\_ the best in you.

A．get out B．look out C．give out D．bring out

33．（2024·黑龙江齐齐哈尔·三模）—The computer is working again.

—It yesterday, but someone has fixed it.

A．broke away B．broke down C．broke out

34．（2024·黑龙江哈尔滨·二模）Trembling (抖音) has become more and more popular nowadays. Not only the students but also the old often \_\_\_\_\_\_\_\_ late to watch different kinds of short videos.

A．feel free B．stay up     C．part with

35．（2024·黑龙江哈尔滨·二模）—Your hometown—Harbin is famous \_\_\_\_\_\_\_\_ its ice and snow.

—Yes. Many people will come to enjoy it during the 2025 Asian Winter Games.

A．to B．for C．as

36．（2024·黑龙江哈尔滨·二模）I \_\_\_\_\_\_\_\_ watch TV at home, but now I am used to taking a walk in the park.

A．used to B．get used to C．am used for

37．（2024·内蒙古兴安盟·三模）After they finished reading the text, they \_\_\_\_\_\_\_\_ their exercises.

A．went on B．went on with C．went on doing D．went on to do

38．（2024·内蒙古兴安盟·三模）My parents just called me. I’m afraid I have to have dinner with them \_\_\_\_\_\_\_\_ shopping with you tonight.

A．instead B．instead of C．rather than D．replace

39．（2024·广西南宁·三模）—Excuse me, madam. Could you help me \_\_\_\_\_\_\_\_ the time of the next train to Beijing?

—Sure. Please wait a minute.

A．look up B．put on C．talk about

40．（2024·广西南宁·三模）Since I’ve grown up, I think I shouldn’t always \_\_\_\_\_\_\_\_ my parents.

A．depend on B．hear from C．give up

41．（2024·江苏连云港·二模）Suzy \_\_\_\_\_\_ a picture of colourful balloons with scissors. How beautiful it was!

A．ran out B．cut out C．handed out D．found out

42．（2024·江苏连云港·二模）Professor Li has gone to Shanghai \_\_\_\_\_\_\_\_ business. He will come back next week.

A．at B．on C．for D．in

43．（2024·黑龙江哈尔滨·三模）— Have you read the book *Treasure Island*?

— Yes. It is a famous book and really worth \_\_\_\_\_\_\_\_.

A．reading B．to be read C．being read

44．（2024·广西钦州·二模）Once in a while, people with busy work would like to \_\_\_\_\_\_\_ to the seaside.

A．run away B．stay up C．make money

45．（2024·河北邯郸·三模）Dad, please \_\_\_\_\_\_\_\_ smoking. It’s bad for your health.

A．pick up B．take up C．look up D．give up

46．（2024·黑龙江哈尔滨·三模）When I study in France as an exchange student, I \_\_\_\_\_\_\_\_ to make myself get used to the life there and understand the local cultures and customs.

A．make my way B．get in the way C．go out of my way

47．（2024·福建厦门·三模）—Tom, can you tell me the meaning of the letters “KIT”?

—Don’t you know that? They \_\_\_\_\_\_\_\_ “Keep in touch”.

A．search for B．stand for C．ask for

48．（2024·广西柳州·三模）— Many villages in China are trying to build a green and environmental friendly place.

— Yeah, I’m sure with the hard work of local people, the dream of building a beautiful village will \_\_\_\_\_\_\_\_.

A．come true B．grow up C．take away

49．（2024·江苏无锡·三模）To deal with the aging population, China has \_\_\_\_\_\_\_\_ the three child policy.

A．carried on B．carried out C．worked on D．worked out

50．（2024·江苏扬州·二模）Mr. Li \_\_\_\_\_\_\_\_ a bookshelf at the back of our classroom to make us a mini reading corner.

A．picked up B．got up C．put up D．looked up

51．（2024·江苏扬州·二模）Jim didn’t work hard on his lessons. \_\_\_\_\_\_\_\_, he failed in the exams.

A．By the way B．Such as C．As a result D．To my surprise

52．（2024·吉林长春·二模）It is said that soft toys can \_\_\_\_\_\_\_\_ happy childhood memories to adults.

A．turn back B．bring back C．put back D．come back

53．（2024·福建厦门·二模）—Could you please \_\_\_\_\_\_\_\_ the plants of our class on summer vacation?

—Sure. I’ll try my best.

A．look up B．look at C．look after

54．（2024·海南省直辖县级单位·二模）—Mum and Dad work hard every day. Shall we share some housework?

—I agree. We can’t \_\_\_\_\_\_\_\_ them all the time.

A．look after B．depend on C．care about

55．（2024·云南昆明·三模）You’d better \_\_\_\_\_\_ the key points in class so that you can get better grades.

A．take off B．take down C．take in D．take up

56．（2024·云南昭通·三模）The engineer \_\_\_\_\_\_\_\_ early every morning to catch the first bus.

A．gets up B．gets off C．gets down D．gets on

57．（2024·江苏泰州·三模）—Jim, please help me \_\_\_\_\_\_\_\_\_\_\_ the tent.

—OK. I’m coming. It’s exciting to sleep in it tonight.

A．put up B．put out

C．put on D．put in

58．（2024·江苏宿迁·一模）—Nowadays some people eat more than needed.\_\_\_\_\_\_\_\_\_, they’re getting heavier and easier to get sick.

—To become healthier, they should control themselves and exercise more.

A．In fact B．What’s more C．Even though D．As a result

59．（2024·江苏宿迁·一模）—How was your May Day holiday this year?

—It’s hard to say. We drove to Hangzhou and tried to find a place for parking, but they were all \_\_\_\_\_\_\_\_\_.

A．taken up B．put up C．turned up D．stayed up

60．（2024·黑龙江哈尔滨·三模）—Summer is coming. It’s a good time to go camping. But \_\_\_\_\_\_\_\_a tent is not an easy thing.

—Don’t be worried. Tent Tube, the famous brand made in Hong Kong, has solved the problem.

A．making up B．taking up C．putting up

61．（2024·江苏宿迁·三模）—Iranian President \_\_\_\_\_\_\_\_ in a helicopter crash (直升机坠毁) on May 19th, 2024.

—I’m sorry to hear that.

A．took away B．put away C．passed away D．got away

62．（2024·黑龙江·三模）—What are your ideas for \_\_\_\_\_\_\_\_ air pollution?

—We should take the bus or subway instead of driving.

A．cutting down B．taking down C．turning down

63．（2024·黑龙江绥化·三模）Many parents are always \_\_\_\_\_\_ their own children \_\_\_\_\_\_ other children.

A．comparing; with B．communicating; with C．connecting; to

64．（2024·黑龙江·三模）—China is getting better at making high-technology products.

—That’s right. People all over the world can hardly avoid \_\_\_\_\_\_\_\_ products \_\_\_\_\_\_\_\_ in China.

A．buying; are made B．to buy; made C．buying; made

65．（2024·江苏·二模）—Shall we stop and wait for others?

—Sounds good. I think they will \_\_\_\_\_\_\_\_ in a few minutes.

A．stay up B．take up C．put up D．catch up

66．（2024·江苏连云港·二模）The Chinese language has become a bridge \_\_\_\_\_\_\_\_ China \_\_\_\_\_\_\_\_ the rest of the world.

A．discussing; with B．translated; into C．connecting; to D．separated; into

67．（2024·云南昭通·二模）—Look! The students are so interested in the lesson given by that fireman.

—Oh, the fireman is showing them how to use extinguishers (灭火器) to \_\_\_\_\_\_\_ fires.

A．put out B．work out C．carry out D．find out

68．（2024·江苏镇江·二模）China’s first space-based study of water systems will be \_\_\_\_\_\_ during the task of the Shenzhou XVIII manned spaceship.

A．worked out B．carried out C．turned out D．put out

69．（2024·河北承德·二模）Could you make her \_\_\_\_\_\_\_\_ shouting?

A．stop B．stops C．stopped D．to stop

70．（2024·甘肃陇南·三模）There are plenty of water in the bottle.

A．few B．lots of C．a kind of D．a couple of

71．（2024·甘肃陇南·二模）I was dying to get out and play with it!

A．was dead B．was eager C．expect D．long for

72．（2024·四川遂宁·二模）—How was your trip during May Day?

—Fantastic. We \_\_\_\_\_\_\_\_ a tent by the lake.

A．put out B．put off C．put up D．put on

73．（2024·云南昆明·二模）—Spring is a good time to make plans.

—That’s true. The whole year’s work \_\_\_\_\_\_\_\_ a good start in spring.

A．turns on B．puts on C．gets on D．depends on

74．（2024·江苏淮安·二模）The energy from the wind costs little and will never \_\_\_\_\_\_\_\_.

A．turn out B．put out C．cut out D．run out

75．（2024·安徽蚌埠·二模）—Well done, Jim! You’re the final winner of the swimming competition.

—Thanks. \_\_\_\_\_\_\_\_, I’ve never expected I would win.

A．To my surprise B．In that case C．In my opinion D．To be honest

76．（2024·安徽合肥·三模）It’s a good idea to \_\_\_\_\_\_\_ our bodies in the hospital every year so that we can know what to do to keep healthy.

A．turn over B．get over C．look over D．take over

77．（2024·甘肃临夏·二模）She often helps the teacher hand out the papers.

A．give out B．put out C．give up D．hand in

78．（2024·河北石家庄·模拟预测）Don’t \_\_\_\_\_\_\_\_ the storm to pass. Learn to dance in the rain.

A．look for B．wait for C．pay for D．ask for

79．（2024·江苏镇江·二模）To get a free ticket, many visitors \_\_\_\_\_\_\_ the challenge of reciting (背诵) *Xinglunan* by Li Bai at the tourist center.

A．take in B．take on C．take off D．take back

80．（2024·河北沧州·三模）A hobby is helpful. Everyone must \_\_\_\_\_\_\_\_ taking up his own.

A．succeed in B．have fun C．give up D．end up

81．（2024·黑龙江哈尔滨·一模）The wind energy costs very little and will never \_\_\_\_\_\_\_\_. Besides, it produces little pollution.

A．blow out B．run out C．put out

82．（2024·江苏扬州·三模）Working as a teacher should be kind-hearted \_\_\_\_\_\_\_\_ patient.

A．as far as B．as good as C．as possible as D．as well as

83．（2024·河北石家庄·三模）Before you set out on a long journey, you’d better \_\_\_\_\_\_\_\_\_ that your car is in order.

A．give out B．take up C．make sure D．try out

84．（2024·内蒙古呼和浩特·二模）To do a good job, you’d better focus on one task at \_\_\_\_\_\_\_\_ time.

A．a B．an C．the D．/

85．（2024·江苏宿迁·三模）This morning my clock \_\_\_\_\_\_\_\_, so I overslept and I was late for the meeting.

A．broke out B．broke into C．broke down D．broke up

86．（2024·吉林长春·二模）—Dad, I failed the exam, again.

—Cheer up, Tom! Sometimes challenges can the best in us.

A．lay out B．bring out C．hand out D．work out

87．（2024·福建厦门·三模）—Would you like to see the panda Menglan with me next week?

—Sure, as long as I can finish my schoolwork \_\_\_\_\_\_.

A．in time B．in danger C．in total

88．（2024·江苏宿迁·三模）I think it’s a good habit to \_\_\_\_\_\_\_\_ your bedroom before you go out.

A．get up B．put up C．tidy up D．take up

89．（2024·安徽滁州·三模）—Sorry, I didn’t win a prize in the speech competition.

—Never mind. \_\_\_\_\_\_\_\_, you’ve tried your best.

A．Thanks to B．For example C．In general D．After all

90．（2024·黑龙江牡丹江·二模）—I’m afraid Mr. White can’t meet you before 4 o’clock.

—Oh, \_\_\_\_\_\_\_\_\_, I won’t wait.

A．after all B．in total C．in that case

91．（2024·江苏南京·三模）My best friend always \_\_\_\_\_\_\_\_ me writing homework when our teachers are speaking.

A．advises B．suggests C．considers D．prevents

92．（2024·江苏南京·三模）The plane will \_\_\_\_\_\_\_\_ if he \_\_\_\_\_\_\_\_ the guiding lights.

A．take back；will turn on B．take off；will turn on C．take off；turns on D．take on；turns off

93．（2024·广西桂林·二模）Please \_\_\_\_\_\_\_\_ the form if you want to learn English in Los Angeles.

A．write about B．make up C．fill out

94．（2024·黑龙江绥化·三模）Playing computer games too often will \_\_\_\_\_\_ our normal life.

A．get on the way of B．get in the way of C．get the way to

95．（2024·河北邯郸·二模）To keep healthy, we should stay away \_\_\_\_\_\_\_\_\_ junk food.

A．for B．with C．about D．from

96．（2024·江苏连云港·二模）Andrew is crazy about DIY, and it \_\_\_\_\_\_\_\_ most of his free time.

A．picks up B．opens up C．gives up D．takes up

97．（2024·湖北武汉·三模）— Let’s \_\_\_\_\_\_\_\_ a time to meet. I miss you so much!

— How about this weekend?

A．give out B．cut off C．fix up D．take away

98．（2024·海南海口·一模）When taking an exam, check your answers to \_\_\_\_\_\_\_\_ that there are no mistakes.

A．make sure B．find out C．point out

99．（2024·甘肃武威·三模）The little boy lost his mother in the earthquake so he \_\_\_\_\_\_\_\_ love now.

A．is responsible for B．is thirsty for

C．is tired of D．is good at

100．（2024·河北唐山·二模）—It’s raining cats and dogs!

—Probably we have to \_\_\_\_\_\_\_\_ the games if it is still like this.

A．put off B．fail in C．take up D．prepare for

**参考答案：**

1．B

【详解】句意：蒂娜可以自己打扫卧室。她不需要父母的帮助。

考查动词短语。get up起床；clean up清扫；cut up切碎。根据“her bedroom”可知，此处指清扫卧室。故选B。

2．D

【详解】句意：我爷爷为了健康决定戒烟。

考查动词短语辨析。give away赠送；give out分发；give back归还；give up放弃。根据“My grandpa decided to ... smoking for his health.”可知，是放弃吸烟，故选D。

3．A

【详解】句意：学生们分组算出数学课上的难题。

考查动词短语。work out计算出；turn down拒绝；cut off切断；worry about担心。根据“the difficult problem in the math class”可知，此处指计算出难题。故选A。

4．C

【详解】句意：——你看排球比赛玩得开心吗？——不。一个高个子男人站在我面前。我根本看不见球员。

考查地点介词。next to在……旁边；across from在……对面；in front of在……前面。根据“A tall man stood … me. I couldn’t see the players at all”可知，看不见球员，所以是这个男人站在了我前面，故选C。

5．B

【详解】句意：振作起来！这没什么大不了的。只要相信自己，一切都会好起来的。

考查动词短语。Give up放弃；Cheer up振作起来；Stay up熬夜。根据“It’s not a big deal. Just believe yourself and everything will be OK.”可知，此处是鼓励对方，让其振作起来。故选B。

6．A

【详解】句意：——我星期一收到迈克的信。他在信中邀请我们参观他的家乡。——我们接受他的邀请吗？我们有三年没见过他了。

考查动词短语辨析。heard from收到某人的来信；came from来自；suffered from遭受。根据“He invited us to visit his hometown in his letter.”可知，是迈克的来信，故选A。

7．A

【详解】句意：吉娜擅长数学，她长大后想成为一名工程师。

考查短语辨析。does well in擅长；is good with与……和睦相处；is kind to对……好；does badly in在某方面表现不佳。is good at表示“擅长”，与does well in同义，故选A。

8．B

【详解】句意：最后，在老师的帮助下，李华取得了更好的成绩。

考查介词短语。At first 起初；At last最后；In the middle在中间；In the beginning起初，开始。划线单词“Finally”意为“最后”，与B选项意思一样。故选B。

9．C

【详解】句意：众所周知，长江被誉为中华民族的“母亲河”。

考查动词时态。长江是中华民族的“母亲河”，本句阐述事实，应为一般现在时。be known as“被称为，被认为是”，固定短语。故选C。

10．B

【详解】句意：许多人认为SOS是“拯救我们的船”的缩写，但它实际上并不代表任何东西。

考查动词短语。look for寻找；stand for代表；pay for支付；try for尝试。根据“Many think SOS is short for ‘save our ship’”可知，此处介绍SOS代表的含义，应用stand for。故选B。

11．D

【详解】句意：开始时可能会有一些麻烦，但最终会好起来的。

考查动词短语。break up（使）破碎；give up放弃；set out动身；turn out结果是，最后是。根据“in the end.”和“There can be some trouble at the beginning”可知，最终的结果都会是好的，故选D。

12．B

【详解】句意：——可可，我不明白这个词的意思。——你最好在字典里查一下这个词。

考查动词短语辨析。look for寻找；look up查找；look after照顾。根据“You’d better ... the word in your dictionary.”可知，在字典里查一下这个词。故选B。

13．C

【详解】句意：随着年龄的增长，我们会发现我们有两只手：一只用来帮助自己；另一只用来帮助别人。

考查动词和动词短语辨析。turn up出现；put away整理；find out发现；look into调查。discover表示“发现”，与find out语意相近。故选C。

14．C

【详解】句意：看国家女排的比赛让我很兴奋。

考查动词短语和形容词辨析。动词短语make sb do sth表示“让某人做某事”，排除B；excited感到兴奋的，修饰人；exciting兴奋的，修饰物，此处修饰人。故选C。

15．C

【详解】句意：不要到处乱扔垃圾。保护环境是所有人的责任。

考查动词短语。put away收起；take away拿走；throw away扔掉。根据“Don’t…rubbish everywhere”可知，此处指不要到处乱扔垃圾。故选C。

16．A

【详解】句意：海南以其美丽的海滩而闻名。每年都有许多游客到访。

考查形容词短语。be famous for因……而闻名；be famous as作为……而有名。根据“Hainan is famous ... its beautiful beaches”可知海南以海滩闻名。故选A。

17．D

【详解】句意：——神舟十八号于2024年4月25日成功发射升空。——我们中国人为此感到骄傲。

考查短语辨析。run out of用完，耗尽；take care of照顾；are afraid of害怕；are proud of为……感到骄傲。根据“Shenzhou-18 was successfully launched (发射) into the space”可知，中国人为神州十八号的成功发射感到骄傲。故选D。

18．B

【详解】句意：——爸爸，我们明天早上早点起床做运动吧。——好的，没问题。

考查动词短语辨析。look up查找；get up起床；give up放弃。根据“let’s ... early to do exercise tomorrow morning”可知，早点起床做运动，故选B。

19．C

【详解】句意：我们应该学会独立。我们最好不要太依赖父母。

考查动词短语。keep on继续；get on上车；depend on依赖。根据“We should learn to be independent.”可知，我们应学会独立，不要太依赖父母。故选C。

20．D

【详解】句意：——蒂姆，我打电话给你的时候你在做什么？——我正在和姐姐修理自行车。

考查动词时态及动词短语。cut up切碎；make up编造；pick up捡起；fix up修理。根据“what were you doing when I called you?”可知，此处指过去某一时刻正在做的事情，应为过去进行时，结构是was/were doing。结合“bicycle”可知，此处指修理自行车。故选D。

21．B

【详解】句意：这个健康网站为青少年提供了很多有用的建议。

考查介词辨析和动词短语。with和；for为了；to到；on在……上。此处是固定短语provide sth for sb“为某人提供某物”，故选B。

22．C

【详解】句意：我们离开房间时应该关灯。

考查动词短语。turn down把声音调小；turn up把声音调大；turn off关闭；turn on打开。根据“when we leave the room”可知，离开房间时应该把灯关上，故选C。

23．B

【详解】句意：为了过绿色生活，我们离开房间时应该记得关灯。

考查动词短语。turn on打开；turn off关闭；turn up调高（音量）；turn down调低（音量）。根据“To live a green life”及“the lights when we leave a room”可知，为了环保，离开房间时应该关灯。故选B。

24．A

【详解】句意：——我考试又没及格。我该怎么办？——不要放弃。你迟早会成功的。

考查动词短语辨析。give up放弃；give back归还；give away赠送。根据“You’ll succeed sooner or later”可知，此处是安慰对方不要放弃，故选A。

25．D

【详解】句意：电子邮件是与朋友保持联系的好方法之一。

考查动词短语。take pride in以……为骄傲；keep clear of避开；get into the habit of养成……的习惯；stay in touch with与……保持联系。根据“Email is one of the great ways to…friends.”可知，此处指电子邮件是与朋友保持联系的好方法。故选D。

26．A

【详解】句意：——上周末你在乡下露营怎么样？——很棒。我们在湖边搭建了一个帐篷并玩得愉快。

考查动词短语。put up搭建；put off推迟；put on穿上；put away收起。根据“a tent by the lake and had much fun.”可知应是搭建帐篷。故选A。

27．C

【详解】句意：——安迪，你又惹麻烦了！——不要生那个男孩的气。看！他感到非常内疚，垂下了头。

考查动词短语。came down降落；fell down倒下；hung down垂下；broke down出故障。根据“He felt so guilty”可知，他感到内疚，因此垂下了头，故选C。

28．A

【详解】句意：相信自己！面对困难决不放弃。

考查动词短语。give up放弃；give out分发；get up起来。根据“when you face difficulties.”可知，应该说不放弃。故选A。

29．B

【详解】句意：钱学森是著名的科学家，他为中国的航天事业做出了巨大的贡献。

考查形容词短语。be interested in对……感兴趣；be famous as作为……而闻名；be pleased with对……满意。根据“Qian Xuesen who...a scientist”可知钱学森是作为科学家而闻名。故选B。

30．C

【详解】句意：——许多人去黄山旅游。——那是真的。它因其美妙的景色而广受赞誉。

考查动词短语。be used for用于；be warned for因……而被警告；be praised for因……而受到赞扬。根据“for its wonderful sights”可知，此处表示黄山因其美景而被称赞。故选C。

31．B

【详解】句意：——保罗，你经常自己打扫房间吗？——是的，我不喜欢太依赖父母。我不再是个孩子了。

考查动词短语。work on从事……工作；depend on依赖；turn on打开。根据“Yes, I don’t like to ... my parents too much. I am not a child any longer.”可知，不喜欢太依赖父母。故选B。

32．D

【详解】句意：——朋友对我们来说非常重要。——没错。他们可以让你发挥出最好的一面。

考查动词短语。get out出来；look out当心；give out发出；bring out使显现。bring out the best in sb意为“使某人展现出最好的一面”，故选D。

33．B

【详解】句意：——电脑又开始工作了。——昨天它出故障了，但有人把它修好了。

考查动词短语。broke away脱离；broke down出故障；broke out爆发。根据“but someone has fixed it.”可知，电脑昨天出故障了。故选B。

34．B

【详解】句意：如今，抖音变得越来越流行了。不仅是学生，而且老人也经常熬夜看各种各样的短视频。

考查动词短语。feel free感觉自由；stay up熬夜；part with放弃。根据“late to watch different kinds of short videos.”可知，是指熬夜看各种各样的短视频。故选B。

35．B

【详解】句意：——你的家乡哈尔滨以其冰雪闻名。——是的。2025年亚洲冬季运动会期间将有很多人来欣赏冰雪。

考查介词辨析。to对……来说；for因为；as作为。根据空后的“its ice and snow”可知，此处用be famous for表示“因……而出名”。故选B。

36．A

【详解】句意：我以前在家看电视，但现在我习惯了在公园散步。

考查动词短语。used to do过去常常做某事；get used to doing习惯做某事；be used for被用来做……。根据“I ... watch TV at home, but now I am used to taking a walk in the park.”可知，此处表达的是过去常常在家看电视，用used to do。故选A。

37．D

【详解】句意；他们读完课文后，继续做练习。

考查动词短语。went on继续；went on with继续进行；went on doing继续做，表示做同一件事；go on to do继续做，表示做另外一件事。根据空前的“After they finished reading the text”及空后的“their exercises”可知，此处指做另外一件事。故选D。

38．B

【详解】句意：我父母刚打电话给我。恐怕今晚我得和他们一起吃晚饭，而不能和你一起购物。

考查词义辨析。instead代替，副词，单独使用；instead of而不是，后接名词或动名词等；rather than而不是，连接动词时，前后动词形式需要一致；replace代替，动词原形。根据空后的“shopping with you tonight”可知，B项符合。故选B。

39．A

【详解】句意：——打扰一下，女士。你能帮我查一下下一趟去北京的火车的时间吗？——当然。请稍等。

考查动词短语。look up查阅；put on穿上；talk about谈论。根据“Could you help me...the time of the next train to Beijing?”可知，此处是请求对方帮忙查一下下一趟去北京的火车的时间。故选A。

40．A

【详解】句意：既然我长大了，我想我不应该总是依赖父母。

考查动词短语。depend on依赖；hear from收到……的来信；give up放弃。根据“Since I’ve grown up, I think I shouldn’t always...my parents”可知长大之后，就不能总依赖父母了。故选A。

41．B

【详解】句意：苏西用剪刀剪了一幅彩色气球的画。它是多么美丽啊！

考查动词短语。ran out耗尽；cut out裁剪；handed out分发；found out查明。根据“a picture of colourful balloons with scissors”可知，是用剪刀剪了一幅彩色气球的画。故选B。

42．B

【详解】句意：李教授已经去上海出差了。他下周会回来。

考查介词辨析。at后接具体时刻；on后接具体某一天；for后接一段时间；in后接年、月、季节等。on business“出差”。故选B。

43．A

【详解】句意：——你读过《金银岛》这本书吗？——是的，这是一本名著，非常值得一读。

考查动词短语。be worth doing sth.值得做某事，主动表被动，不可后跟被动形式。故选A。

44．A

【详解】句意：偶尔，工作繁忙的人们会想去海边度假。

考查动词短语辨析。run away逃离，跑开，出走；stay up熬夜；make money赚钱。结合句意可知，此处指平时工作繁忙的人们有时想去海边度假。故选A。

45．D

【详解】句意：爸爸，请戒烟吧。这对你的健康有害。

考查动词短语辨析。pick up捡起；take up占据；look up查阅；give up放弃。根据“Dad, please...smoking. It’s bad for your health.”可知，劝爸爸戒烟，故选D。

46．C

【详解】句意：当我作为交换学生在法国学习时，我格外努力地让自己习惯那里的生活并了解当地的文化和习俗。

考查动词短语辨析。make my way前往；get in the way妨碍；go out of my way特地，格外努力。根据“I...to make myself get used to the life there”和选项可知，此处表示格外努力地让自己习惯那里的生活。故选C。

47．B

【详解】句意：——汤姆，你能告诉我字母“KIT”的意思吗？——你不知道吗？它们代表“保持联系”。

考查动词短语。search for搜索；stand for代表；ask for要求。根据“Tom, can you tell me the meaning of the letters ‘KIT’”可知，此处是介绍字母“KIT”的含义，所以B项符合。故选B。

48．A

【详解】句意：——中国的许多村庄都在努力建设成一个绿色环保的地方。——是的，我相信在当地人民的努力下，建设美丽乡村的梦想一定会实现。

考查动词短语。come true实现；grow up长大；take away拿走。根据上文“the dream of”提示，此处指的是实现梦想，故选A。

49．B

【详解】句意：为了应对人口老龄化，中国已经实行了三孩政策。

考查动词短语。carried on继续下去；carried out执行；worked on从事于；worked out解决，算出。根据“To deal with the aging population”可知， 为了应对人口老龄化，中国已经执行了三孩政策。故选B。

50．C

【详解】句意：李老师在我们教室后面搭建了一个书架，为我们创建了一个小型阅读角。

考查动词短语辨析。pick up拾起，捡起；get up起床；put up建造，搭起，张贴；look up查阅，抬头看。根据“a bookshelf at the back of our classroom to make us a mini reading corner.”可知，要创建阅读角，故此处表示“搭建书架”。故选C。

51．C

【详解】句意：吉姆没有努力学习功课。结果，他考试不及格。

考查介词短语辨析。By the way顺便问一下；Such as比如；As a result结果；To my surprise让我惊喜的是。根据“Jim didn’t work hard on his lessons. …, he failed in the exams.”可知，此处描述的是结果，因此应该用As a result。故选C。

52．B

【详解】句意：据说毛绒玩具能给成年人带来快乐的童年回忆。

考查动词短语。turn back往回走；bring back使记起，使想起；put back放回原处；come back回来。根据“soft toys can...happy childhood memories to adults.”可知，是指毛绒玩具能让成年人想起童年回忆。故选B。

53．C

【详解】句意：——你能在暑假期间帮忙照顾我们班的植物吗？——当然可以。我会尽力的。

考查动词短语辨析。look up查找；look at看着；look after照顾。根据“Could you please … the plants of our class on summer vacation?”可知，此处应指照顾我们班的植物。故选C。

54．B

【详解】句意：——妈妈和爸爸每天都努力工作。我们可以分担一些家务吗？——我同意。我们不能一直依赖他们。

考查动词短语。look after照顾；depend on依赖；care about关心。根据“Shall we share some housework?”以及“I agree.”可知，此处指同意分担家务，所以表示不能一直依赖父母。故选B。

55．B

【详解】句意：你最好记下课堂上的要点这样你就能取得更好的成绩。

考查动词短语。take off起飞；take down写下；take in收留；take up开始从事。根据“so that you can get better grades”可知，应表达记下课堂上的要点。故选B。

56．A

【详解】句意：工程师每天早起赶首班公共汽车。

考查动词短语。gets up起床；gets off下车；gets down出人头地；gets on上车。根据“early every morning to catch the first bus.”可知，此处指早起赶首班公交车。故选A。

57．A

【详解】句意：——吉姆，请帮我搭帐篷。——好的。我来了。想到今晚睡在帐篷里就觉得兴奋。

考查动词短语。put up搭建；put out扑灭；put on上演；put in(使)在内。根据“the tent”可知是搭建帐篷。故选A。

58．D

【详解】句意：——目前一些人吃得比需要的多。结果，他们变得更重、更容易生病。——为了变得更健康，他们应该控制他们自己并且要锻炼更多。

考查短语辨析。In fact事实上；What’s more此外；Even though尽管；As a result结果。根据“Nowadays some people eat more than needed”和“They’re getting heavier and easier to get sick”可知，“人们吃得比需要的更多”和“他们变得更重、更容易生病”之间为因果关系，所以，As a result符合题意。故选D。

59．A

【详解】句意：——你今年的五一假期过得怎么样？ ——很难说。我们开车去杭州，想找个地方停车，但都被占用了。

考查动词短语。 taken up占用；put up举起；turned up（意外地）出现；stayed up熬夜。根据“We drove to Hangzhou and tried to find a place for parking, but they were all”可知，前后句意表示转折关系，后半句表达没有找到停车的地方，此处指停车的地方被占用，taken up符合语境。故选A。

60．C

【详解】句意：——夏天来了。这是去露营的好时机。但是搭帐篷不是一件容易的事。——别担心。香港制造的著名品牌Tent Tube解决了这个问题。

考查动词短语。making up化妆；taking up占据；putting up搭建。根据“It’s a good time to go camping.”和“a tent”可知，此处指搭帐篷，故选C。

61．C

【详解】句意：——伊朗总统于2024年5月19日因直升机坠毁而去世。——我很遗憾听到这个消息。

考查动词短语。took away拿走；put away收起来；passed away去世；got away逃离。根据“in a helicopter crash (直升机坠毁)”可知，伊朗总统因直升机坠毁而去世。故选C。

62．A

【详解】句意：——对于减少空气污染你有什么看法？ ——我们应该乘公交车或地铁而不是开车。

考查动词短语。cut down减少；take down记下；turn down拒绝。根据“air pollution”可知，此处表示减少空气污染，故选A。

63．A

【详解】句意：许多父母总是将自己的孩子与其他孩子进行比较。

考查动词短语辨析。compare...with...把……和……做比较；communicate with...和……交流；connect...to...把……连接到……。分析题干和选项可知，此处应表示许多父母总是将自己的孩子与其他孩子进行比较。故选A。

64．C

【详解】句意：——中国越来越擅长制造高科技产品。——对的。世界各地的人们几乎无法避免购买中国制造的产品。

考查动词短语。根据“avoid”可知，avoid doing“避免做某事”，第一空用动名词；根据“products…in China.”可知，这里指的是中国制造的产品，be made in“产于某地”。故选C。

65．D

【详解】句意：——我们停下来等其他人好吗？——听上去不错。我想他们几分钟后就会赶上来。

考查动词短语。stay up熬夜；take up占据；put up张贴；catch up赶上。根据“Shall we stop and wait for others?”可知，停下来等别人，别人一会就会赶上来，故选D。

66．C

【详解】句意：汉语已经成为连接中国与世界其他地区的桥梁。

考查动词短语辨析。discussing with与……讨论；translated into翻译成；connecting to相连；separated into分成。根据“The Chinese language has become a bridge”可知，本句已有谓语动词，空格处需填写动词的现在分词形式，结合选项含义可知，connecting to符合语境。故选C。

67．A

【详解】句意：——看！学生们对那位消防员的课非常感兴趣。——哦，消防员正在向他们展示如何使用灭火器灭火。

考查动词短语辨析。put out扑灭；work out解决；carry out执行；find out弄清楚。根据“how to use extinguishers (灭火器) to...fires”可知，此处指如何使用灭火器灭火。故选A。

68．B

【详解】句意：中国首次天基水系统研究将在神舟十八号载人飞船执行任务期间进行。

考查动词短语辨析。worked out计算出；carried out进行，执行；turned out结果是；put out扑灭。由“China’s first space-based study of water systems will be…during the task of the Shenzhou XVIII manned spaceship”可知，此处指进行水系统的研究。故选B。

69．A

【详解】句意：你能让她停止大喊大叫吗？

考查动词不定式作宾语补足语。make sb do sth“让某人做某事”，其中省略to的动词不定式作宾语补足语。故选A。

70．B

【详解】句意：瓶子里有很多水。

考查同义词。few一些（修饰可数名词可数，表否定）；lots of很多（修饰可数名词复数或不可数名词）；a kind of一种；a couple of几个，一对。plenty of意为“很多”，在此处修饰不可数名词water，因此plenty of可替换为lots of。故选B。

71．B

【详解】句意：我真想出去和它玩！

考查动词时态和短语辨析。dead死的；eager渴望的；expect期待；long for渴望。原句是一般过去时，可排除CD选项；be dying to do意为“渴望做做某事”，与be eager to do意思相同。故选B。

72．C

【详解】句意：——你五一假期的旅行怎么样？——非常棒。我们在湖边搭了个帐篷。

考查动词短语。put out扑灭；put off推迟；put up搭建；put on穿上。根据空后“a tent by the lake”可知，此处是说搭建了帐篷，用put up符合题意。故选C。

73．D

【详解】句意：——春天是制定计划的好时机。——这是真的。一年之计在于春。

考查动词短语。turns on打开；puts on穿上；gets on上车；depends on取决于。根据“The whole year’s work … a good start in spring”可知，是一年的工作取决于在春天有个一个好的开始。故选D。

74．D

【详解】句意：风能成本低廉，并且永远不会耗尽。

考查动词短语。turn out结果发现；put out扑灭；cut out剪下；run out耗尽，用完。根据“The energy from the wind costs little”可知，风能成本低廉，所以此处指的是不会用完，故选D。

75．D

【详解】句意：——做得好，吉姆！你是游泳比赛的最后赢家。——谢谢。说实话，我从未预料过我会赢。

考查介词短语辨析。To my surprise令我惊讶的是；In that case在那种情况下；In my opinion在我看来；To be honest老实说。根据“I’ve never expected I would win.”可知，吉姆实际上没有预料到自己能赢得比赛，应用to be honest作为插入语。故选D。

76．C

【详解】句意：每年在医院检查我们的身体是一个好主意，这样我们就可以知道该做些什么来保持健康。

考查动词短语。turn over翻转；get over克服；look over仔细检查；take over接收。根据“our bodies in the hospital”可知是指在医院检查我们的身体，故选C。

77．A

【详解】句意：她经常帮助老师分发试卷。

考查动词短语。give out分发；put out熄灭；give up放弃；hand in上交。hand out表示“分发”，和give out同义，故选A。

78．B

【详解】句意：不要等待风暴过去。学会在雨中舞蹈。

考查动词短语。look for寻找；wait for等待；pay for支付；ask for请求。根据“Learn to dance in the rain.”可知，要在风暴来的时候尽情舞蹈，这是一个寓言式的短语，其含义是你不应该等待问题或困难过去或消失。故选B。

79．B

【详解】句意：为了获得免费门票，很多游客勇敢地接受了在旅游中心背诵李白《行路难》的挑战。

考查动词短语辨析。take in吸收；take on承担；take off脱下；take back拿回来。take on the challenge是固定搭配，表示“接受挑战”，故选B。

80．B

【详解】句意：兴趣爱好很有益。每个人都必须有自己的乐趣。

考查动词短语辨析。succeed in成功；have fun获得乐趣，玩得开心；give up放弃；end up以……结束。根据“A hobby is helpful”可知，兴趣爱好可以有助于人们获得快乐。故选B。

81．B

【详解】句意：风能成本非常低，而且永远不会用完。此外，它产生的污染很少。

考查动词短语辨析。blow out吹灭；run out用完，耗尽；put out熄灭。根据“The wind energy...”可知，此处指的是风能永远不会用完。故选B。

82．D

【详解】句意：做老师应该善良又有耐心。

考查短语辨析。as far as就……而言；as good as和……一样好，几乎；as possible as尽可能；as well as和，也。根据“kind-hearted...patient”可知，两个形容词是并列关系，所以是as well as。故选D。

83．C

【详解】句意：在你开始长途旅行之前，你最好确保你的汽车状况良好。

考查动词短语。give out分发；take up占据，开始从事；make sure确保；try out试用、选拔。根据横线后“your car is in order.”可知，此处应该表达你最好确保你的汽车状况良好，make sure，动词短语，意为“确保”符合语境。故选C。

84．A

【详解】句意：要想把工作做好，你最好一次只专注于一项任务。

考查冠词。at a time“一次”，介词短语。故选A。

85．C

【详解】句意：今天早上我的钟坏了，所以我睡过头了，开会迟到了。

考查动词短语。break out爆发；break into闯入；break down坏了；break up结束。根据“so I overslept and I was late for the meeting.”可知，此处表示闹钟坏了，导致我睡过头了，故break down符合题意，由“overslept”为过去式，可知应变为broke down。故选C。

86．B

【详解】句意：——爸爸，我考试又没及格。——振作起来，汤姆！有时候挑战能激发出我们最好的一面。

考查动词短语辨析。lay out布置，安排；bring out使显现，使表现出；hand out分发，散发；work out计算出，解出。根据“Cheer up, Tom! Sometimes challenges can…the best in us”可知，有时候挑战能激发出我们最好的一面，bring out the best in sb.意为“使（某人）显露其最美好的一面”。故选B。

87．A

【详解】句意：——下周你愿意和我一起去看熊猫萌兰吗？——当然，只要我能及时完成作业。

考查介词短语。in time及时；in danger处于危险中；in total总共。根据“as long as I can finish my schoolwork”可知，只要及时完成作业，就可以一起去看熊猫萌兰。故选A。

88．C

【详解】句意：我认为出门前整理你的卧室是个好习惯。

考查动词短语。get up起床；put up张贴；tidy up整理；take up占据。根据“your bedroom before you go out”可知，是指出门前整理卧室。故选C。

89．D

【详解】句意：——对不起，我在演讲比赛中没有获奖。——没关系，毕竟，你已经尽力了。

考查介词短语。Thanks to由于；For example例如；In general一般来说；After all毕竟。根据“you’ve tried your best.”可知，此处是安慰对方，意为“毕竟，你已经尽力了”。故选D。

90．C

【详解】句意：——恐怕怀特先生不能在4点钟之前和你见面。——哦，那样的话，我就不等了。

考查介词短语。after all毕竟；in total总共；in that case那样的话。根据“I’m afraid Mr. White can’t meet you before 4 o’clock.”以及“I won’t wait.”可知如果他不能在4点钟之前和你见面，就不等了，选项C符合语境。故选C。

91．D

【详解】句意：我最好的朋友总是在老师讲话的时候阻止我写作业。

考查动词辨析。advises建议，告知；suggests建议；considers考虑；prevents阻止。根据“when our teachers are speaking.”及常识可知，此处指好朋友在老师上课时阻止我写作业。故选D。

92．C

【详解】句意：如果他打开导航灯，飞机将会起飞。

考查时态和动词短语。take back收回；turn on打开；take off起飞；take on呈现；turn off关闭。本句if引导条件状语从句，遵循“主将从现”，可排除AB选项；根据“The plane will”可知，飞机将要起飞。故选C。

93．C

【详解】句意：如果你想在洛杉矶学习英语，请填写这张表格。

考查动词短语。write about写……的事；make up编造；fill out填写。根据“...the form”可知，此处指填写表格。故选C。

94．B

【详解】句意：经常玩电脑游戏会妨碍我们的正常生活。

考查动词短语辨析。get on the way of没有此搭配；get in the way of妨碍；get the way to找到……的路。分析题干可知，此处应表示经常玩电脑游戏会妨碍我们的正常生活。故选B。

95．D

【详解】句意：为了保持健康，我们应该远离垃圾食品。

考查介词辨析和固定搭配。for为了；with好；about关于；from从。根据“To keep healthy”可知，是要远离垃圾食品，stay away from“远离”，固定短语，故选D。

96．D

【详解】句意：安德鲁对DIY很着迷，这占据了他大部分的空闲时间。

考查动词短语辨析。picks up捡起来；opens up张开；gives up放弃；takes up占据。根据“Andrew is crazy about DIY”和选项可知，此处表示DIY占据了安德鲁大部分的空闲时间。故选D。

97．C

【详解】句意：——让我们安排个时间见面吧。我非常想念你！——这个周末怎么样？

考查动词短语辨析。give out分发；cut off裁剪；fix up安排；take away剥夺。根据“…a time to meet”可知，这里是要安排个时间见面。故选C。

98．A

【详解】句意：考试时，检查你的答案以确保没有错误。

考查动词短语辨析。make sure确保；find out查明；point out指出。根据“When taking an exam, check your answers to...that there are no mistakes.”可知，检查你的答案以确保没有错误。故选A。

99．B

【详解】句意：这个小男孩在地震中失去了母亲，所以他现在渴望爱。

考查形容词短语。be responsible for对……负责；be thirsty for渴望；be tired of厌倦；be good at擅长。根据“The little boy lost his mother in the earthquake”可知小男孩是渴望爱，故选B。

100．A

【详解】句意：——下着倾盆大雨！——如果天气还是这样，我们可能不得不推迟比赛。

考查动词短语。put off推迟；fail in在某方面失败；take up占据；prepare for为……做准备。根据“It’s raining cats and dogs!”及“if it is still like this”可知，雨下得大，不得不推迟比赛，故选A。