**绝密★启用前**

**皖北名校高一阶段性联考**

**英语试卷**

**本试卷满分150分，考试时间120分钟。**

**注意事项：**

**1. 答卷前，务必将自己的姓名和准考证号填写在答题纸和试卷上。**

**2. 回答选择题时，选出每小题答案后，用铅笔把答题纸上对应题目的答案标号涂黑。如需改动，务必擦净后再选涂其他答案标号。回答非选择题时，将答案写在答题纸上。写在本试卷上无效。**

**3. 考试结束后，将本试卷和答题纸一并交回。**

**第一部分 听力（共两节，满分30分）**

**做题时，先将答案标在试卷上。录音内容结束后，你将有两分钟的时间将试卷上的答案转涂到答题纸上。**

**第一节（共5小题；每小题1.5分，满分7.5分）**

**听下面5段对话。每段对话后有一个小题，从题中所给的A、B、C三个选项中选出最佳选项。听完每段对话后，你都有10秒钟的时间来回答有关小题和阅读下一小题。每段对话仅读一遍。**

1. Which language does Ted speak best?

A. German. B. French. C. Japanese.

2. What does the woman want to do?

A. Welcome the man. B. Tell the man her age. C. Join the club.

3. What does the boy promise to do for the girl?

A. Buy her a new glass. B. Do some cleaning. C. Give her 10 dollars.

4. What are the speakers mainly talking about?

A. A travel experience. B. A capital city. C. A trip plan.

5. What is the relationship between the speakers?

A. Teacher and student. B. Classmates. C. Father and daughter.

**第二节（共15小题；每题1.5分，满分22.5分）**

**听下面5段对话或独白。每段对话或独白后有几个小题，从题中所给的A、B、C三个选项中选出最佳选项。听每段对话或独白前，你将有时间阅读各个小题，每小题5秒钟；听完后，各小题将给出5秒钟的作答时间。每段对话或独白读两遍。**

**听第6段材料，回答第6、7题。**

6. Why is the woman trying to find a library?

A. To find some information. B. To borrow books. C. To study there.

7. How long is the National Library open on weekends?

A. 11 hours. B. 12 hours. C. 14 hours.

**听第7段材料，回答第8、9题。**

8. How does the woman pay?

A. In cash. B. By WeChat Pay. C. By Alipay.

9. How much money will the waiter get?

A. $23. B. $27. C. $50.

**听第8段材料，回答第10至12题。**

10. What are the speakers mainly discussing?

A. What food teenagers should have.

B. Why many teenagers get sick.

C. How teenagers keep healthy.

11. What does the man think of an hour's exercise for teenagers daily?

A. It's necessary. B. It's not enough. C. It's too tiring.

12. What does the man suggest teenagers do?

A. Stop eating fast food. B. Wash hands often. C. Improve their schoolwork.

**听第9段材料，回答第13至16题。**

13. Why was the man late for his flight?

A. He looked for his bag. B. His taxi didn't turn up. C. He went back home to get his passport.

14. How did the man get to Lombok from Bali?

A. By ship. B. By taxi. C. By air.

15. What happened when the man was swimming?

A. He was hurt by a fish. B. He had a sudden headache. C. He couldn't head back to the beach.

16. What did the man do in Lombok?

A. He climbed the mountain. B. He helped a taxi driver. C. He watched the sunset.

**听第10段材料，回答第17至20题。**

17. What happened to the 28-year-old man?

A. He was attacked by a shark. B. He frightened a dolphin away. C. He was dragged away by a dolphin.

18. What do we know about dolphins?

A. They attack the sharks some time.

B. They are easily attracted by mankind.

C. They have similar size of brains to humans.

19. What is one of the dolphins' greatest problems?

A. Fishing. B. Sharks. C. Pollution.

20. What is the speaker's purpose in giving the talk?

A. To tell a story.

B. To encourage people to protect dolphins.

C. To introduce the kindness of dolphins to people.

**第二部分 阅读（共两节，满分50分）**

**第一节（共15小题；每小题2.5分，满分37.5分）**

**阅读下列短文，从每题所给的A、B、C、D四个选项中选出最佳选项。**

**A**

**Best Hotels Along the California Coast**

**Crystal Cove Beach Cottages**

These 1938 beachfront rooms occupy a part of Newport Beach's Crystal Cove State Park. At the beginning, developed as a movie set, these attractive houses, now repainted in lively beach style, aim to remain the original look with Murphy beds.

Advance booking is required, as the rooms sell out the moment they are available（可获得的）.

*www.crystalcove.org.*

**Montage Laguna Beach**

Standing guard over 30 beachfront acres, Montage Laguna Beach transports you to that pleasant house with marble baths, comfortable bedding and ocean views.

Three swimming pools, including one just for kids and another relaxation space, four onsite restaurants and a kids club are just a small part of the outstanding service offered by this hotel.

*www.montagehotels.com.*

**Terranea**

Just south of Los Angeles, atop the Palo Verdes Peninsula, Terranea offers ocean-view guest rooms along with heated baths and rain showers.

Families love the huge swimming pool, the water slide, the kids program, the nightly bonfire（篝火）and the selection of kid-friendly restaurants. The young appreciate the dirt road that snakes away into the distance.

*www.terranea.com.*

**El Capitan Canyon**

Just north of Santa Barbara in a coastal corner, El Capitan Canyon promotes a life lived outdoors, with some extra comfort.

Guests stay in heated tents（帐篷）decorated in the Native American style with raised beds, and private outdoor picnic tables. Guests can also access a swimming pool, and taste dinners at the award-winning restaurant.

*www.elcapitancanyon.com.*

21. What are you required to do to go for your holiday at Crystal Cove Beach Cottages?

A. Bring a quality tent. B. Book a room in advance.

C. Get a membership card. D. Prepare food for a picnic.

22. What can Montage Laguna Beach offer?

A. A room with Murphy beds. B. An original movie set.

C. A special pool for children. D. An outdoor picnic table.

23. Which website can you visit to learn about the Native American decoration?

A. *www.crystalcove.org.* B. *www.terranea.com.*

C. *www.montagehotels com.* D. *www.elcapitancanyon.com.*

**B**

When Ariel Cordova-Rojas rode her bike to Jamaicia Bay Wildlife Refuge in Queens, New York, last November, she planned to go hiking and bird-watching. Bingo!

A mile into her walk, she spotted a beautiful female mute swan（疣鼻天鹅）near the water's edge. Cordova-Rojas, 30, who had worked at the Wild Bird Fund recovery center in Manhattan, knew that mute swans can be battlesome. But as she approached this one, it didn't move. She was certain that the bird needed medical attention. Cordova-Rojas placed her jacket over the bird's head to keep it calm, carefully picked it up, and held it in her arms. And then a thought struck her: What do I do now?

Her best bet was the recovery center, but that was across the East River and clear on the other side of town. How was she going to transport a 17-pound swan on her bike all that way? Luckily, some strangers driving by offered her, her bike, and the swan a lift to a nearby subway station. She worried others might be disturbed. However, on the subway, no one seemed particularly fazed by the feathered passenger. "One guy." says Cordova-Rojas, "was sitting right in front of me on his phone. I don't know if he noticed there was a swan in front of him."

Cordova-Rojas called the recovery center, and Tristan Higgin-botham, an animal-care manager, picked her up at the subway station and drove bird, bike, and the rescuer to the facility. There, staff members determined that the swan might have lead poisoning.

The staff got the swan back up on her feet. She even made a boyfriend at the center-another injured swan. Sadly, even with all that tender loving care, the swan fell ill with a bacterial infection. Two months after Cordova-Roias came to her rescue, she passed away.

It's a disappointing ending, but the real story is just how far some people are willing to go to save a swan in the big city-literally. In all, Cordova-Rojas traveled two hours by foot, car, and subway（with her bike）. "That's the perfect summary of who she is," says Higgin-botham.

24. How did Cordova-Rojas know the swan was in trouble?

A. She noticed a scar on the swan.

B. She found the swan trapped in water.

C. The swan was behaving in an abnormal way.

D. The swan attacked her when she came near it.

25. What does the underlined word "fazed" in paragraph 3 mean?

A. On top of the world. B. In the wrong. C. On the rocks. D. At a loss.

26. How was the swan's life at the recovery center?

A. The swan suffered a lot of pain there.

B. The swan enjoyed its staying there.

C. The swan's life there was totally disappointing.

D. Many people came to visit the swan.

27. What sort of person was Cordova-Rojas?

A. Curious and generous. B. Caring and thoughtful.

C. Energetic and independent. D. Sensible and straight-forward.

**C**

Living on mountainous La Gomera, one of Spain's Canary Islands off West Africa, Juan Cabello takes pride in not using a mobile phone or the Internet to communicate. Like his father and grandfather, he uses Silbo Gomero, a language that is whistled（吹口哨）, not spoken, and that can be heard more than two miles away.

"I use it for everything: to talk to my wife, to tell my kids something, to find a friend if we get lost in a crowd," Cabello says. "I also make a living from Silbo, performing daily exhibitions at a restaurant."

People throughout La Gomera are known to have used Silbo in the past as a way of communicating over long distances. A strong whistle saved farmers from walking over the hills to give messages or news to neighbors. Then came the phone. Nowadays, it's hard to know how many people still use Silbo. In 1999, it was introduced as a compulsory subject（必修学科）in La Gomera's primary schools, in an effort to prevent the language from going silent. Now 3,000 students are studying it, but only a few people are believed to be able to communicate fully in the whistling language.

"Silbo is said to be the most important cultural heritage（遗产）we have," said Moises Plasencia, the director of the Canary Islands' government's historical heritage department.

In fact, little is known about Silbo's origins. Silbo-like whistling has been found in parts of Greece, Turkey, China and Mexico, but none is as developed as Silbo Gomero. One study is looking for signs of Silbo in Venezuela, Cuba and Texas, all places to which Gomerans have gone in the past during hard economic times.

"Silbo has many historical and linguistic（语言学上的）values," Plasencia said. And, as Cabello explains, "It's good for just about anything except for romance: Everyone on the island would hear what you're saying!"

28. Juan Cabello uses Silbo Gomero \_\_\_\_\_\_\_\_.

A. in his daily life B. to learn computers

C. just to make a living D. only when eating at restaurants

29. What can we learn about Silbo Gomero?

A. It first started in Greece. B. It is in danger of dying out.

C. It is helpful in keeping secrets. D. It is the oldest way of communicating.

30. Plasencia thinks it's very important to \_\_\_\_\_\_\_\_.

A. know the origins of Silbo Gomero B. find the values of Silbo Gomero

C. have more cultural heritages D. protect Silbo Gomero

31. What is mainly described in the text?

A. A school's subject. B. A famous performer. C. An unusual language. D. A mountainous island.

**D**

Almost all of us have a friend, who can eat anything and eat as much as an elephant yet never gain weight. So why can your friend get away with eating what he/she wants and not get fat?

First and foremost（最重要的）, it has something to do with Genetics（基因学）: high basal metabolic rate（BMR）（高基础代谢率）. When we are resting, our body spends some energy for basic activities like breathing and pumping of the heart. So those with high BMR burn more calories at rest as compared to those who have low BMR. As a result, these individuals don't put on weight despite eating large amounts of foods.

To show that it is true, scientists have experimented on laboratory mice. They gave the mice a special diet with a lot of fat. Some mice gained weight while the other mice stayed thin, even though both groups of mice ate the same amount of food and got the same amount of exercise. Scientists concluded that weight gain seems to be influenced by genetic factors. Armed with this knowledge, they believe it may be possible to develop medicines that can target the genes and stop people from gaining weight.

Other reasons such as bad eating and living habits as well as illnesses also contribute to（造成）weight gain. The study of weight gain is becoming more important as the number of people who are overweight continues to grow.

Current medicines for weight control do not work very well because they can have serious side effects. However, it takes a long time to develop and test new drugs. Therefore, despite this breakthrough in the study of weight loss drugs, scientists and health professionals all agree that currently the best way to control weight gain is to have a healthy, balanced diet and an active lifestyle with daily exercise. This will not only help people avoid becoming overweight, but also help them stay healthy and energetic.

32. Why does the author ask a question in paragraph 1?

A. To stress his doubts. B. To compare different results.

C. To introduce the topic. D. To express his unhappiness.

33. What might be the key reason for getting fat?

A. Bad living habits. B. Genetic factors. C. Bad eating habits. D. Serious illnesses.

34. What did the scientists do with the mice during their experiment?

A. They gave them the same experimental conditions.

B. They fed them on a special diet with only fat.

C. They studied the genetic structure of their bodies.

D. They divided them into two groups at the beginning.

35. What can be a suitable title for the text?

A. Current Weight-loss Medicines Have Bad Effects

B. Controlling Weight Gain Is Hard but Possible

C. Knowing Your BMR Helps Lose More Weight

D. Genes Play a Role in Deciding Your Weight

**第二节（共5小题；每小题2.5分，满分12.5分）**

**阅读下面短文，从短文后的选项中选出可以填入空白处的最佳选项。选项中有两项为多余选项。**

One of my earliest memories was watching my mom talk on our old phone. I was very curious about how she could talk to someone who wasn't actually in the room with her. 36 I was wondering how she managed to talk with someone she couldn't see.

 37 Later, we had mobile phones that could be carried around the room. Then came computers and smart phones. These days I can send an e-mail around the world in a second. My daughter's smart phone has a hundred apps and a dozen social media accounts. She stores all of her information in a mysterious place known as "the cloud", where she can take it out at any time. It seems that we are more connected in this world than ever before.

 38 Few take the time to talk face to face. Instead of looking into the eyes of our loved ones, we stare at our screens. It seems as if the most connected generations are also the loneliest.

Don't let technology take our time and ruin our life. Make the time to meet, to pray and to communicate with each other. Take a walk on the beach with a friend. Have a long conversation with the phones off and the hearts on. 39

Remember that we are here to love each other, help each other and make this world a better place. 40 But when it can't, turn it off.

A. That was a long time ago.

B. Connect offline as well as online.

C. Smart phones have both advantages and disadvantages.

D. We should communicate with each other with phones off.

E. When your technology can help to do these things, then use it.

F. However, what bothers me is that we rarely associate with each other nowadays.

G. When she left the room, I slowly walked over to the phone and stared at it for a while.

**第三部分 语言运用（共两节，满分30分）**

**第一节（共15小题；每小题1分，满分15分）**

**阅读下面短文，从每题所给的A、B、C、D四个选项中选出可以填入空白处的最佳选项。**

As sixth graders, kids were separated into groups, but I wasn't sure where I belonged.

Our teacher gave us a task called "secret friends" for the coming week. We were supposed to do nice things 41 our friends without letting them know who was doing it. We could leave 42 notes or cards either on their desks or in their backpacks. Before doing the task, with our eyes closed, from a basket, we drew a name of a classmate who we were to secretly befriend over the next five days.

Soon, the task was turned into a competition of giving 43 instead of notes. Everyone was getting cool presents except me. My friend followed the teacher's directions without a fault. I received nothing but handmade cards with nice words about me.

On the last morning, I finally got a package. When I 44 it, the girls around all 45 . It was perfumed powder, an "old lady" gift. My face went red.

I tried to forget about the 46 gift, but when the same girls 47 it again during the break in the bathroom, I joined, "How stupid! My grandmother wouldn't 48 want it."

The girls laughed at my 49 and filed out of the bathroom. Washing my hands, I let the water run through my fingers as I thought about my words. It wasn't 50 like me to say things like that.

"I'm your secret friend." It was Rochelle. "I'm sorry about the gift," she whispered to me, tears 51 down her face.

From a poor family, she was a 52 at school for those with rich parents. Yet she just took all the 53 and the horrible treatment silently.

I was sick to my stomach as my hurtful words ran through my mind. She had heard everything. How could I have been so cruel?

Later I learned she had felt bad all week about not being able to leave me any cool present and her mum had given up her only luxury.

And I had ruined everything for her.

I told her that I had only said those things to try to 54 .

"We aren't that different from each other, are we?" She smiled 55 . Her simple words, spoken from her heart, found their way straight into mine.

41. A. for B. behind C. through D. like

42. A. convincing B. reminding C. rewarding D. encouraging

43. A. chances B. help C. hope D. gifts

44. A. discovered B. opened C. grasped D. held

45. A. blamed B. shouted C. laughed D. commented

46. A. embarrassing B. delicate C. worrying D. special

47. A. mentioned B. saw C. showed D. suggested

48. A. just B. ever C. even D. only

49. A. remarks B. feeling C. suffering D. reactions

50. A. casually B. perfectly C. normally D. necessarily

51. A. getting B. dashing C. smoothing D. streaming

52. A. goal B. target C. centre D. wonder

53. A. challenge B. puzzle C. teasing D. ignoring

54. A. turn off B. show off C. get in D. fit in

55. A. optimistically B. understandingly C. persuasively D. honestly

**第二节（共10小题；每小题1.5分，满分15分）**

**阅读下面短文，在空白处填入1个适当的单词或括号内单词的正确形式。**

Rose had been searching for a job, 56 （explore）various offices, yet none of them seemed to capture her interest. However, one day, she found a board in an office advertising, "This office requires a typist capable of typing 200 words per minute." Rose was thrilled by the opportunity. She 57 （confident）entered the manager's office and asked, "Are you in need of a typist?" "Yes!" 58 （reply）the manager. Rose, filled with 59 （excite）, said, "Great! What will be the pay?" After a moment's thought, the manager offered, "I will pay you 77 dollars for 60 first three months and then 30 dollars every month." With a smile, Rose agreed, "Fantastic! I 61 （come）and start working in three months." The manager was left speechless.

Returning home, Rose was exhilarated（高兴的）by the prospect of the new job. It was the chance she had been longing for, a place 62 she could showcase her typing skills. She prepared 63 this new journey, eagerly imagining various 64 （achievement）she might make in this fresh work environment.

Three months later, she arrived at the office in a neat suit. As she entered the manager's office,the manager was 65 （surprise）. Rose greeted him with a smile, "I'm here to work." The manager, astonished yet also impressed, hadn't expected Rose to keep her promise.

**第四部分 写作（共两节，满分40分）**

**第一节 单词拼写（共15小题；每小题1分，满分15分）**

**A. 根据所给单词，写出该单词的正确形式。（每空一词）**

66. To have a full discussion of the issue, they spent an hour \_\_\_\_\_\_\_\_（exchange）their ideas.

67. The whole class waited with \_\_\_\_\_\_\_\_（anxious）for the results of the examination.

68. She gave us too much information, so that everyone got \_\_\_\_\_\_\_\_（confuse）.

69. Who do you think should take \_\_\_\_\_\_\_\_（responsible）for the accident?

70. Much to my surprise, he is \_\_\_\_\_\_\_\_（addict）to surfing the Internet.

**B. 根据首字母和中文意思，写出该单词的正确形式。（每空一词）**

71. The teacher a\_\_\_\_\_\_\_\_（安排）for us to meet the new student in the hall yesterday.

72. Ten years after graduation. she has changed beyond r\_\_\_\_\_\_\_\_（认出）.

73. Tom does exercise to s\_\_\_\_\_\_\_\_（加强）his muscles.

74. Do you know Marry was caught c\_\_\_\_\_\_\_\_（作弊）in the exam?

75. C\_\_\_\_\_\_\_\_（比较）with your car, my car is out of date.

76. Workers built s\_\_\_\_\_\_\_\_（避难所）for survivors whose homes had been destroyed.

77. I would a\_\_\_\_\_\_\_\_（感激）it if you could help me with my English.

78. Can you i\_\_\_\_\_\_\_\_（辨认）the differences?

79. Every student should o\_\_\_\_\_\_\_\_（遵守）the rules of our school.

80. The machine could f\_\_\_\_\_\_\_\_（运转；正常工作）again if it is repaired.

**第二节（满分25分）**

假定你是红星中学高一学生李华。你们学校下个月将要举办主题为“寻找春天，拥抱自然”的踏青骑行活动，请给你校的交换生Jim写一封邮件，邀请他参加此次活动，内容包括：

1. 活动安排；

2. 准备事项

注意：

1. 写作词数应为80左右；

2. 开头和结尾已为你写好，不计入总词数。

|  |
| --- |
| Dear Jim,Yours,Li Hua |

**参考答案及解析**

**第一部分 听力**

1~5 ACBAB 6~10 CBABC 11~15 ABCAA 16~20 CACCB

**第二部分 阅读**

**第一节**

**A**

【语篇导读】这是一篇应用文。文章介绍了沿加利福尼亚海岸的最佳旅馆。

21. B【解析】理解具体信息。根据Crystal Cove Beach Cottages部分“Advance booking is required…”可知，若想在Crystal Cove Beach Cottages度假，需提前预订房间。故选B项。

22. C【解析】理解具体信息。根据Montage Laguna Beach部分“Three swimming pools, including one just for kids”可知，Montage Laguna Beach提供儿童专用游泳池。故选C项。

23. D【解析】理解具体信息。根据El Capitan Canyon部分“Guests stay in heated tents（帐篷）decorated in the Native American style…”及下方的网址链接可知，通过访问*www.elcapitancanyon.com.*可了解到印第安风格的室内装修情况。故选D项。

**B**

【语篇导读】这是一篇记叙文。文章主要讲述了作者救助一只天鹅的故事。

24. C【解析】作出判断推理。根据第二段中的“…knew that mute swans can be battlesome. But as she approached this one, it didn't move. She was certain that the bird needed medical attention.”可知，天鹅本好斗，但是当主人公靠近时，这个天鹅没有动，不正常。故选C项。

25. D【解析】词义猜测。从画线词前一句“She worried others might be disturbed.”以及后面对one guy的描述可知，没有人对这个天鹅感到不安或者惊慌失措，at a loss最合适。故选D项。

26. B【解析】作出判断推理。虽然最后天鹅死了，但从倒数第二段中的“The staff got the swan back up on her feet. She even made a boyfriend at the center-another injured swan.”及后面的“tender loving care”可知，该天鹅在康复中心的生活整体是很愉悦的。故选B项。

27. B【解析】作出判断推理。纵观全文，主人公富有爱心，很细心周到，选caring and thoughtful。故选B项。

**C**

【语篇导读】这是一篇说明文。文章主要描述了一种不同寻常的语言Silbo Gomero。

28. A【解析】作出判断推理。根据第二段中的“I use it for everything: to talk to my wife, to tell my kids something, to find a friend if we get lost in a crowd”可知，“我”用它做任何事情：和“我”的妻子说话，告诉“我”的孩子们一些事情，在人群中找到一个走散的朋友。所以Juan Cabello在日常生活中使用Silbo Gomero。故选A项。

29. B【解析】作出判断推理。根据第三段中的“Now 3,000 students are studying it, but only a few people are believed to be able to communicate fully in the whistling language.”可知，现在有3000名学生在学习这种语言，但人们认为只有少数人能够完全用这种吹口哨的语言交流。所以判断出，Silbo Gomero有消失的危险。故选B项。

30. D【解析】作出判断推理。根据倒数第三段中的“'Silbo is said to be the most important cultural heritage（遗产）we have,' said Moises Plasencia, the director of the Canary Islands' government's historical heritage department.”可知，加那利群岛政府历史遗产部门负责人Moises Plasencia说：“Silbo据说是我们拥有的最重要的文化遗产。”所以通过Moises Plasencia的话以及他的身份可以判断出，他认为保护Silbo Gomero是非常重要的。故选D项。

31. C【解析】理解主旨要义。通读全文可知，文章围绕Silbo Gomero而展开。所以短文主要描述了一种不寻常的语言。故选C项。

**D**

【语篇导读】这是一篇说明文。文章主要说明了发胖的原因与遗传有关，科学家通过实验证明了这一点。其他原因，如不良的饮食和生活习惯以及疾病也会导致体重增加。随着超重人数的不断增加，对体重增加的研究变得越来越重要。

32. C【解析】作出判断推理。根据第一段“Almost all of us have a friend, who can eat anything and eat as much as an elephant yet never gain weight. So why can your friend get away with eating what he/she wants and not get fat?（几乎我们所有人都有一个朋友，他可以吃任何东西，吃得和大象一样多，但从不发胖。那么，为什么你的朋友可以吃他/她想吃的东西而不发胖呢？）”可推知，作者在第一段问了一个问题是为了引入话题。故选C项。

33. B【解析】理解具体信息。根据第二段“First and foremost（最重要的）, it has something to do with Genetics（基因学）: high basal metabolic rate（BMR）（高基础代谢率）.（首先，这与遗传学有关：高基础代谢率（BMR））”可知，发胖的主要原因是遗传因素。故选B项。

34. A【解析】理解具体信息。根据第三段“Some mice gained weight while the other mice stayed thin, even though both groups of mice ate the same amount of food and got the same amount of exercise.（尽管两组老鼠吃的食物和运动量相同，但一些老鼠体重增加，而另一些老鼠保持苗条）”可知，在实验中，科学家们给了老鼠们相同的实验条件。故选A项。

35. D【解析】理解主旨要义。根据第二段“First and foremost（最重要的）, it has something to do with Genetics（基因学）: high basal metabolic rate（BMR）（高基础代谢率）. When we are resting, our body spends some energy for basic activities like breathing and pumping of the heart. So those with high BMR burn more calories at rest as compared to those who have low BMR. As a result, these individuals don't put on weight despite eating large amounts of foods.（首先，这与遗传学有关：高基础代谢率（BMR）。当我们休息时，我们的身体会为一些基本活动消耗一些能量，比如呼吸和心脏跳动。所以那些BMR高的人在休息时比那些BMR低的人消耗更多的卡路里。因此，尽管这些人吃了大量的食物，但他们的体重并没有增加）”结合文章主要说明了发胖的原因与遗传有关，科学家通过实验证明了这一点。其他原因，如不良的饮食和生活习惯以及疾病也会导致体重增加。随着超重人数的不断增加，对体重增加的研究变得越来越重要。故选D项。

**第二节**

【语篇导读】这是一篇说明文。文章描述了通讯工具的变化，指出人们现在很少见面交流，并建议人们合理利用科技，创造更美好的生活。

36. G【解析】根据空处前一句可知，作者对于妈妈能够和一个与她不在同一个房间的人说话感到很好奇，这吸引了作者。故G项“当她离开房间的时候，我慢慢地走到电话那儿并盯着看了一会儿”符合文义。故选G项。

37. A【解析】根据空后的“Later, we had mobile phones…Then came computers and smart phones. These days I can send an e-mail”可知，作者阐述了随着时间的变化，家中的通信工具也发生了改变，故A项“那是很久之前的事儿了”符合文义。故选A项。

38. F【解析】根据空处所在的位置可知，空处为段落主题句。根据下文可知，本段主要讲述现在我们很少面对面交流了。F项“然而，令我感到担心的是，我们现在很少互相交流了”能很好地概括段意。故选F项。

39. B【解析】根据上文可知，作者认为不能让科技占据我们太多的时间，摧毁我们的生活，我们应该花时间互相见面交流。B项“既要在网上联系也要在网络之外联系”符合文义。故选B项。

40. E【解析】空处前一句提到我们来到这个世界是为了相互关爱，相互帮助，使世界变得更美好；后一句提到当科技不能（帮助你）做到这些时，就关掉它。所以空处应表示当科技能够帮助你做到这些时就使用它。故选E项。

**第三部分 语言运用**

**第一节**

【语篇导读】这是一篇记叙文。文章讲述了在老师布置的一次“神秘朋友”活动中，所有的同学都得到了很酷的礼物，而作者却仅仅是得到一些手工制作的卡片，最终作者也得到一件礼物，打开后发现原来是香粉，这令作者非常尴尬，说了一些很伤人的话，被神秘朋友听到了，尽管她非常难过，但她说了一些令人深思的话，原谅了作者。

41. A【解析】考查介词及语境理解。A. for为了；B. behind在后面；C. through通过；D. like像。句意：我们的老师，下个星期让我们进行一次“秘密朋友”的活动。每个人都要为自己的秘密朋友做些事情。我们将要在朋友的包里放上鼓励的话语的信条。老师要求我们为（for）自己的“秘密好友”做一些好事，但是不可以告诉对方是谁做的。do sth. for sb.为固定搭配，意为为某人做某事。故选A项。

42. D【解析】考查形容词及语境理解。A. convincing有说服力的；B. reminding提醒的；C. rewarding有价值的；D. encouraging鼓励的。句意：我们可以在他们的桌子上或背包里留下奖励便条或卡片。根据下文的“handmade cards with nice words about me.”可知，我们可以在卡片上写一些鼓励性的话语。故选D项。

43. D【解析】考查名词及语境理解。A. chances机会；B. help帮助；C. hope希望；D. gifts礼物。句意：很快，这项任务就变成了送礼物的比赛，而不是送纸条。根据下文“Everyone was getting cool presents except me.”可知，这次任务变成了一场同学们赠送礼物的比赛。故选D项。

44. B【解析】考查动词及语境理解。A. discovered发现；B. opened打开；C. grasped抓住；D. held举办。句意：当我打开它时，周围的女孩都笑了。根据下文“It was perfumed powder”可知，作者打开了这个包裹。故选B项。

45. C【解析】考查动词及语境理解。A. blamed责备；B. shouted喊；C. laughed笑；D. commented表达意见。句意：当我打开它时，周围的女孩都笑了。根据下文的“The girls laughed at…”可知，当作者打开包裹以后她们都笑了。故选C项。

46. A【解析】考查形容词及语境理解。A. embarrassing令人尴尬的；B. delicate微妙的；C. worrying令人担忧的；D. special特别的。句意：我本想忘记这件令人尴尬的礼物。结合上文的“The girls laughed at…”可知，她们都在嘲笑作者收到的礼物，所以作者认为这件礼物是令人尴尬的。故选A项。

47. A【解析】考查动词及语境理解。A. mentioned提及；B. saw看；C. showed展示；D. suggested建议。句意：但在浴室休息时，那些女孩又提起这件事，我也附和道。结合上文“I tried to forget about the gift”可知，本来作者想忘记这件事情，但是当她们再次提到这件事的时候，作者也加入了讨论的行列。故选A项。

48. C【解析】考查副词及语境理解。A. just刚刚；B. ever曾经；C. even甚至；D. only仅仅。句意：真蠢！甚至祖母都不会想要它。根据上文作者感叹礼物“How stupid!”可知，作者认为甚至是祖母都不想要这份礼物。故选C项。

49. A【解析】整个句子是：“对于我的评论女孩们笑了笑，走出了洗手间。我洗手的时候，我让水从手指间流过，心里想着我说的话。”故选A项。

50. C【解析】这一句是主人公在思考自己的行为是否正常。正确的词语是“normally”，也就是通常的、正常的。整个句子是：“我试图忘记那个尴尬的礼物，但当同样的女孩们在休息时间在洗手间里再次提起时，我加入了她们，‘多傻啊！甚至我奶奶都不会喜欢这个。’女孩们笑了笑，走出了洗手间。我洗手的时候，我让水从手指间流过，心里想着我说的话。这不是我平时说的话。”故选C项。

51. D【解析】这里描述了罗谢尔的眼泪，正确的词语是“streaming”,也就是涌流、流下。整个句子是：“‘我是你的秘密朋友。’是罗谢尔。‘对于那个礼物我很抱歉。’她低声对我说，眼泪顺着她的脸颊流下。”故选D项。

52. B【解析】这句话揭示了罗谢尔在学校里受到的嘲笑，正确的词语是“target”，也就是目标。整个句子是：“来自一个贫困的家庭，她是那所学校里有钱家庭子女嘲笑的对象。”故选B项。

53. C【解析】考查动词及语境理解。A. challenge挑战；B. puzzle疑惑；C. teasing戏弄；D. ignoring忽视。句意：然而，她只是默默忍受着所有的戏弄和可怕的对待。根据上文“From a poor family, she was a \_\_\_\_\_\_\_\_ at school for those with rich parents.”可知，那些有钱人家的孩子把她当成消遣的对象，总是会戏弄她。故选C项。

54. D【解析】这句话描述了主人公对她说的话的解释，正确的短语是“fit in”,也就是融入。整个句子是：“我告诉她，我只是为了想融入群体才说那些话。”故选D项。

55. B【解析】考查副词及语境理解。A. optimistically积极地；B. understandingly谅解地；C. persuasively有说服力地；D. honestly诚实地。句意：她宽容地笑了。根据下文“Her simple words, spoken from her heart, found their way straight into mine.”可知，她走进了作者的内心，由此推断出当时她宽容地笑了。故选B项。

**第二节**

56. exploring【解析】考查现在分词用作状语。现在分词作状语常表示时间、原因、条件、伴随等关系。故填exploring。

57. confidently【解析】考查词性转换。副词修饰动词“entered”，表示动作的方式或态度，即Rose以充满信心的方式进入了经理的办公室。故填confidently。

58. replied【解析】考查一般过去时的动词，作为谓语动词，用于说明经理对问题的回答。过去时态表示在过去的某个特定时间发生的动作。故填replied。

59. excitement【解析】“excitement”是名词，为介词“with”的宾语，表示Rose内心状态的名词。这里考查了词性的变化，即“excite”转变为名词“excitement”。故填excitement。

60. the【解析】考查定冠词the，序数词前加the。故填the。

61. will come【解析】考查一般将来时，用来表达Rose的承诺，即她将在未来某个时间来工作。故填will come。

62. where【解析】考查关系副词“where”，引导定语从句修饰“place”，表示地点。故填where。

63. for【解析】考查介词“for”，引导目的状语，表示为了某个目的，即为了准备新的工作机会。故填for。

64. achievements【解析】考查名词复，作为语，表示Rose在新工作环境中可能取得的成就。故填achievements。

65. surprised【解析】考查非谓语做表语，表明人内心的感受时用-ed。故填surprised。

**第四部分 写作**

**第一节**

66. exchanging 67. anxiety 68. confused 69. responsibility 70. addicted

71. arranged 72. recognition 73. strengthen 74. cheating 75. Compared

76. shelters 77. appreciate 78. identify 79. observe/obey 80. function

**第二节**

Dear Jim,

How is everything going? Spring has come and our school is going to organize a cycling activity themed "Greet Spring, Embrace Nature" on April 10th. I am writing to invite you to join us.

Here is some information about the activity. At 8:00 a.m., we will gather at the school gate and then go to the famous cycling park in the suburbs. After arriving there, we will rent road bikes and begin our cycling along the 10-kilometer-long route. After that, we will have a picnic. It's a good chance to get some exercise and enjoy the beautiful view in the countryside.

Don't forget to wear your helmet and protective gloves if you come. You'd better bring your lunch pack with you.

I hope we can have fun together. If you are interested in it, just let me know.

Yours,

Li Hua

**听力录音文稿**

**Text 1**

W: Ted is fluent in German, and now he's going to learn French.

M: I've heard he also knows a little Japanese.

W: Yes, he just started learning Japanese when he became a freshman at university this summer.

**Text 2**

W: Excuse me, can I join the club?

M: Sure. Everyone is welcome, whatever your age, sex or nationality is.

**Text 3**

W: Oh, it's broken. Jack is not going to be happy when he sees this. It's his favourite glass. He'll tell Mum.

M: Please, Kathy, can I borrow $10? I'll buy him a new one. And I'll clean up your room.

**Text 4**

W: I believe your trip to France must have been amazing.

M: Yes. We saw many interesting things.

W: Which city was your first stop?

M: Our flight landed in Paris. It is the capital of France.

**Text 5**

W: The homework is much too hard!

M: It took me about two hours to do it.

W: The teacher should have explained the lesson before giving us the homework.

M: Well, maybe your parents can help you.

**Text 6**

M: Hello, Mary.

W: Oh, hello, Mike. I'm looking for a suitable library to study in.

M: I often go to the National Library. It is suitable to us students. It is quiet in the reading rooms. You can also use some materials for free if you have a card. And the card is $100 a year.

W: How about the opening hours?

M: 8 a.m. to 10 p.m. on weekdays and 9 a.m. to 9 p.m. on weekends.

W: Oh, good. I think it's a suitable place for studying.

**Text 7**

W: Is my bill ready, please?

M: Yes, madam, here it is. How would you like to pay? By Alipay or by WeChat Pay? It's $223.

W: Well, let me see. One hundred, two hundred and fifty dollars. Here you are. That covers the bill, and something for the waiter.

M: Thank you very much.

**Text 8**

W: Today we are talking to Doctor Smith, who is an expert on teenage health. Doctor, what is the most important thing for teenagers who want to be healthy?

M: Exercise, and lots of it. A teenager needs about an hour of good exercise every day.

W: That's a lot. Won't they get tired?

M: Not if they get enough sleep. A teenager needs about 9 hours a night. Good sleep and lots of exercise can improve your schoolwork, too!

W: Cool! What else?

M: So many people get sick because they don't wash their hands often enough. Always wash your hands before a meal and after being outside.

W: What about food?

M: Of course it's important to eat well.

W: So, no fast food?

M: Well, fast food can be OK sometimes. But don't eat it every day!

**Text 9**

W: How did you go to Lombok?

M: Well. I was supposed to fly from New York to Singapore and then take a connecting flight to Mataram in Lombok, but the taxi I arranged turned up an hour late. I got there just in time. I handed over my bag but then, I found I didn't have my passport. So back home I went to get it, and then off to the airport. At last I got a later flight. But I had to fly to Bali and then take a ship to Lombok.

W: Oh. What about Lombok itself?

M: It was beautiful and has a flat sandy beach. I went swimming but suddenly there was this huge fish passing by in front of me, and as it swam past I felt a sudden pain in my stomach. It hurt me. I started to head back to the beach. A taxi driver took me to the hospital and the doctors looked after me very well.

W: So how did you spend the rest of your time there?

M: Well, the next day I went on to drive towards the highest mountain in Lombok. I couldn't climb so I stopped to admire the beautiful sunset.

W: That sounds great.

**Text 10**

M: The dolphin has been known as man's best friend. Once a 28-year-old man who went swimming in the Red Sea with a group of dolphins, learnt the hard way just how caring these creatures can be. When the man was suddenly attacked by a shark, they saved him by forming a circle around him and frightening the shark away. It's not the first time humans have been saved by dolphins and it's been known for some time that dolphins will do for humans what they do for their own kind. They are, in fact the only animals in the world whose brains match ours in terms of size, and their ability to feel emotion continues to attract scientists and doctors. The only creatures that concern dolphins, in fact, are sharks and humans. We don't necessarily harm them on purpose, but we catch them in fishing nets and we pollute the water they swim in. Pollution, in fact, is one of the dolphins' greatest problems. So with all the good they do for us, isn't it time we started caring about them?